Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_\_\_

Child Development

Chapters 6: The Baby’s Arrival Guided Notes

***Section 6-1: Labor and Birth***

The Beginning of Labor

Early signs of labor:

* The bloody \_\_\_\_\_\_\_\_\_\_\_\_\_
* The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sac has ruptured
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_- the tightening and releasing of muscles of uterus

Stages of Labor

The First Stage

* Contractions increase in strength, length and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Transition- when the cervix becomes fully \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The Second Stage

* Contractions push the baby through the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and out of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* It is safe for a woman to \_\_\_\_\_\_\_\_\_\_\_\_\_\_- to use her muscles to expel the baby
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_- a surgical cut made to widen mom’s vaginal opening

The Third Stage

* When mother pushes the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ out of her body, the birth process is complete
* Cord \_\_\_\_\_\_\_\_\_\_\_\_- the blood left behind in the umbilical cord that contains \_\_\_\_\_\_\_\_\_\_\_\_\_\_ cells which can be used to treat many serious blood related illnesses in the baby or other family \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Cesarean Birth

Baby is delivered through a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ incision in the mother’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Reasons for a cesarean delivery can be:

* Lack of normal progress during \_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Discovering that baby is in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or turned the wrong \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Having \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_babies

Premature Birth

Premature babies are not really ready to live outside their mother’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_. Their systems for controlling body \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, breathing, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are not yet mature.

An \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a special enclosed crib where the oxygen supply, temperature, and humidity can be closely controlled.

***Section 6-2: The Newborn***

A Newborn Baby Arrives

Once the \_\_\_\_\_\_\_\_\_\_\_\_\_ have begun to take in oxygen, the baby’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ system changes.

Blood now circulates to and from the lungs, rather than \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ them as before. The umbilical \_\_\_\_\_\_\_\_\_\_\_\_ is clamped off, leaving a small stump at the baby’s navel that falls off in a few days.

How Does the Newborn Look?

* Newborn head is wobbly, large, and pointed
  + Define fontanels-
  + Newborns have fat cheeks, short, flat \_\_\_\_\_\_\_\_\_\_\_\_, and receding chins which makes it easier for the baby to \_\_\_\_\_\_\_\_\_\_\_\_\_ at the mother’s breasts.
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_- fine, downy hair that grows on the baby’s foreheads, backs, and shoulders
  + Vernix- white pasty substance covering the baby that acts as a protection against constant exposure to the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
  + Define millia-

Examining the Newborn

* APGAR scale-a system of rating physical \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the newborn baby.

Five factors that are checked:

* + Heart rate
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Muscle \_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Response to stimulation
  + Clear skin \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Section 6-3 The Postnatal Period***

Bonding

Define bonding-

Through simple bonding interactions such as holding, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or singing to the baby, parents help strengthen the development of their baby’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

If the baby will be \_\_\_\_\_\_\_\_\_\_\_\_\_\_fed, the mother may begin nursing the baby right away.

The Hospital Stay

Help With Feeding

* + - Define lactation consultants-

Rooming In

* + - Baby remains with mother in her room during the \_\_\_\_\_\_\_\_\_\_\_\_\_ hospital stay.

Legal Documents

* + - Hospitals provide paperwork for two forms: birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and social security number.

Caring for Premature Babies

Premature babies stay in the hospital until their \_\_\_\_\_\_\_\_\_\_\_\_\_\_organs develop enough to function

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Postnatal Care of the Mother

* Physical needs
  + Rest
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Good \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Medical checkups
* Emotional Needs- mom may feel confused, have mood swings, may cry for no reason, feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_, lonely, \_\_\_\_\_\_\_\_\_\_\_\_\_\_ or sad. Joining a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ group or talking to others may help.
* Define postpartum depression-