Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_

Child Development

Chapter 2: The Challenges of Parenting Guided Notes

Section 2-1: Parenting and Families

***Parenting: A Learning Process***

Define parenting-

Parenting requires understanding of a child’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_ those needs. It requires good

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

***Having Reasonable Expectations***

Parents and caregivers need to know what children are like at different \_\_\_\_\_\_\_\_\_ so they can have reasonable

expectations about what the child can \_\_\_\_\_\_\_.

***Developing Parenting Skills***

Ways to build parenting skills:

* Child development classes in the community
* \_\_\_\_\_\_\_\_\_\_\_ reliable books, magazine articles, and online information
* Gain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ working with or caring for children
* Ask the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of family and friends who have parenting experience
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ parents and children wherever possible

***Galinsky’s Stages of Parenthood***

|  |  |  |
| --- | --- | --- |
| Stage | Time Period | Parents’ Tasks |
| Image Making |  | Begin to imagine self as \_\_\_\_\_\_\_\_\_\_\_ |
|  | Birth to age 2 | Become emotionally \_\_\_\_\_\_\_\_\_\_\_\_ to child; may question worth of other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Authority |  | Determine rules  Clarify role as \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ |
|  | Ages 4-5 to age 13 | Rethink role as parents  Decide what knowledge, \_\_\_\_\_\_\_\_\_, and values child \_\_\_\_\_\_\_\_\_\_\_\_ |
| Interdependent |  | Establish \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Find disciplinary methods appropriate for teens |
|  | Child leaves home | Evaluate their \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

***The Challenges of Parenthood***

1. New responsibilities

Example 1:

Example 2:

1. Changes in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Example 1:

Example 2:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ adjustments
   1. Fear of not being a good \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ at the loss of personal freedom and added responsibilities
   3. Worry over \_\_\_\_\_\_\_\_\_\_\_\_ matters
   4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the baby and attention he or she receives
   5. Depression due to exhaustion or to physical changes of pregnancy and birth
2. Changes in Relationships

Example 1:

Example 2:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Example 1: stop working all together

Example 2: cut back on work hours

***The Rewards of Parenthood***

Parents feel happiness, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and love that they have never felt before.

Helping child discover the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ allows parents to see it with new eyes themselves.

Children can enrich an already strong \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Raising children gives parents a great sense of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

***Making Decisions about Parenthood***

1. Emotional maturity
2. Desire for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ considerations
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ concerns

Section 2-2: Teen Parenthood

***Consequences of Sexual Activity***

1. Sexually transmitted \_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Pregnancy
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. Financial Problems
6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and social \_\_\_\_\_\_\_\_\_\_\_

***Deciding to Abstain***

The only one guaranteed way to avoid all the consequences of sexual activity is by \_\_\_\_\_\_\_\_\_\_\_\_\_ from sexual activity.

***Weighing the Options***

1. Single \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   1. Things to consider:
2. Marriage
   1. Things to consider:
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   1. Things to consider: