Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_

Child Development

Building Strong Families Guided Notes

Definition of family:

* 2 or more adults related by blood, \_\_\_\_\_\_\_\_\_\_\_\_\_\_, or affiliation who cooperate economically, share a common dwelling place and rear children

Family Structure:

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: Mother, Father, Child
* Single Parent: Mother or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and child
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_: Single parent marries another person who may or may not have children
* Extended: Parent or parents, one child at least and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Characteristics of Strong Families:

Forming \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Handling family conflict

Feel \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Adults and children learn and grow

Sense of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emotional support

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Spend time together

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ responsibilities

Work to resolve differences

They \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to each other

Share goals and values and show \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Birth Order:

The order in which children are born into a family \_\_\_\_\_\_\_\_\_\_\_\_\_\_the development of the children.

\_\_\_\_\_\_\_\_\_\_\_\_\_children bear the burden of the parents’ heaviest expectations and also of the parents’ inexperience in raising children.

Second or third children are generally treated in a more \_\_\_\_\_\_\_\_\_\_\_\_\_\_ way by the parents.

Youngest children often have a more difficult time in making the transition to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Parenting Styles:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (limits without Freedom)

 Parents’ word is \_\_\_\_\_\_\_\_\_\_\_\_\_, parents have absolute control.

 Children are told what to do, how to do it, where to do it, and when to do it.

PERMISSIVE (Freedom without limits)

 Parents allow their children to do their own thing.

 Non-controlling, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Children walk all over their parents

DEMOCRATIC (Freedom \_\_\_\_\_\_\_\_\_\_\_\_limits)

 freedom along with rights of others and responsibilities of all

 Parents set limits and enforce \_\_\_\_\_\_\_\_\_\_\_\_\_.

 They are willing to listen receptively to child’s requests and questions.

 Parents are loving, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and demanding.

Guiding Behavior:

* Be sure you have their attention
* Be\_\_\_\_\_\_\_\_\_\_\_\_\_
* Use positive statements
* Use words they can \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Begin with action verb
* Give limited directions at a time
* Be \_\_\_\_\_\_\_\_\_\_
* Give praise and love
* Be a good role \_\_\_\_\_\_\_\_\_\_\_\_
* Set limits
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_ reinforcement

Punishment:

* Must be appropriate and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Role of warnings
* Negative reinforcement
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ consequences
	+ Logical consequences
	+ Loss of privileges
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What doesn’t work:

* Bribing
* Promising to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Shouting / Yelling
* Shaming / Belittling
* Threatening to withhold \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Exaggerating the consequences

Consistency:

* Consistent \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is key
* Develops confidence, trust and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_