Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_\_\_  
Personal Health 206

Chemical Substances Reading Comprehension Questions DUE: December 14

Chapter 11: Addictions and Addictive Behaviors

1. How is a habit different than an addiction?

2. Describe the four common symptoms of all addictions.

3. What are four key components of an effective intervention?

4. What are any five characteristics of a good treatment program?

Chapter 12: Drinking Responsibly

1. Describe five reasons why college students are vulnerable to alcohol-related problems.

6. Describe four factors that influence how quickly your body will absorb alcohol.

7. Describe five behavioral effects of alcohol.

8. Describe three causes of alcohol abuse and alcoholism.

Chapter 13: Tobacco and Caffeine

9. Describe any five health hazards of tobacco products.

10. Describe five benefits of quitting smoking.

11. Define xanthines and any five symptoms of caffeinism.

Chapter 14: Illicit Drugs

12. What are pharming parties?

|  |  |  |  |
| --- | --- | --- | --- |
| **Drug** | **Methods of use** | **Physical effects** | **Other consequences of use** |
| cocaine |  | 1.  2.  3. | 1.  2.  3. |
| methamphetamine |  | 1.  2.  3. | 1.  2.  3. |
| marijuana |  | 1.  2.  3. | 1.  2.  3. |
| opiates |  | 1.  2.  3. | 1.  2.  3. |
| hallucinogens |  | 1.  2.  3. | 1.  2.  3. |
| designer drugs |  | 1.  2.  3. | 1.  2.  3. |
| inhalants |  | 1.  2.  3. | 1.  2.  3. |
| steroids |  | 1.  2.  3. | 1.  2.  3. |