Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_

Senior High Health: Nutrition Letter to Parent

Your task is to write a letter to your parent or other person responsible for purchasing the groceries in your house. The letter should include:

* The obstacles in your house that prevent you from making nutritious choices
* 3 small changes you would like to make as a family
* 3 reasons why these changes are important to your family’s health
* A closing appreciation for their willingness to try to incorporate these changes

**Guidelines for writing: (3 points each criteria = 15 total points)**

Apply appropriate knowledge and skills \_\_\_\_\_

Identify insightful connections between content and real life \_\_\_\_\_

Develop the topic with relevant, well chosen facts, definitions, or concrete details \_\_\_\_\_

Use precise language and target vocabulary to inform about or explain the topic \_\_\_\_\_

Establish and maintain a formal style of writing \_\_\_\_\_

Total: \_\_\_\_\_/15