

## Cortland Jr-Sr High School Winter I Sports Practice Schedule

Week of: **November 5**

2018

Winter I	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Date:	11/5	11/6	11/7	11/8	11/9	11/10
V Boys Basketball	6:30 - 8 pm U-Gym	6:30 - 8 pm U-Gym	6:30 - 8 pm U-Gym	6:30 - 8 pm U-Gym	6:30 - 8 pm U-Gym	9:30 - 11 am U-Gym
JV Boys Basketball	5 - 6:30 pm U-Gym	5 - 6:30 pm U-Gym	5 - 6:30 pm U-Gym	5 - 6:30 pm U-Gym	5 - 6:30 pm U-Gym	8 - 9:30 am U-Gym
8th Boys Basketball	3:30 - 5 pm U-Gym	3:30 - 5 pm U-Gym	3:30 - 5 pm U-Gym	3:30 - 5 pm U-Gym	3:30 - 5 pm U-Gym	No Practice
7th Boys Basketball	2:45 - 4:15 pm U-Gym	2:45 - 4:15 pm U-Gym	2:45 - 4:15 pm U-Gym	2:45 - 4:15 pm U-Gym	2:45 - 4:15 pm U-Gym	No Practice
V Girls Basketball	4:30 - 6 pm D-Gym	4:30 - 6 pm D-Gym	4:30 - 6 pm D-Gym	4:30 - 6 pm D-Gym	4:30 - 6 pm D-Gym	8 - 9:30 am D-Gym
JV Girls Basketball	6 - 7:30 pm D-Gym	6 - 7:30 pm D-Gym	6 - 7:30 pm D-Gym	6 - 7:30 pm D-Gym	6 - 7:30 pm D-Gym	9:30 - 11 am D-Gym
JV/V Volleyball	3 - 5 pm County Gym	3 - 5 pm County Gym	3 - 5 pm County Gym	3 - 5 pm County Gym	3 - 5 pm County Gym	9 - 11 am County Gym
Modified Volleyball	2:45 - 4:30 pm D-Gym	2:45 - 4:30 pm D-Gym	2:45 - 4:30 pm D-Gym	2:45 - 4:30 pm D-Gym	2:45 - 4:30 pm D-Gym	No Practice
Winter Track	2:45 - 4:30 pm Outside	2:45 - 4:30 pm Outside	2:45 - 4:30 pm Outside	2:45 - 4:30 pm Outside	2:45 - 4:30 pm Outside	11 am - 1 pm D-Gym
V/JV Wrestling	4 - 6 pm WR/FR	4 - 6 pm WR/FR	4 - 6 pm WR/FR	4 - 6 pm WR/FR	4 - 6 pm WR/FR	10 am - 12 pm WR/FR
Ice Hockey	4 - 5:30 pm Complex	4 - 5:30 pm Complex	4 - 5:30 pm Complex	4 - 5:30 pm Complex	4 - 5:30 pm Complex	No Practice
Cheerleading	6:30 - 8 pm Randall	6:30 - 8 pm Randall	6:30 - 8 pm Randall	6:30 - 8 pm Randall	6:30 - 8 pm Randall	No Practice
Bowling	3 - 5 pm Cort-Lanes					

**HS Staff Meeting 11/6**