

Cortland Jr-Sr High School Fall Sports Practice Schedule

Week of: August 13

2018

Fall	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Date:	8/13	8/14	8/15	8/16	8/17	8/18
V Football	8 - 1 pm Turf/Grass	8 - 1 pm Turf/Grass	8 - 1 pm Turf/Grass	8 - 10 (T) 10 - 1 (G)	8 - 10 (T) 10 - 1 (G)	8 - 12 pm Turf
JV Football	8 - 1 pm Turf/Grass	8 - 1 pm Turf/Grass	8 - 1 pm Turf/Grass	8 - 10 (T) 10 - 1 (G)	8 - 10 (T) 10 - 1 (G)	8 am - 12 pm Turf
Mod Football						
V Boys Soccer				7:30 - 9 am 6 - 8 pm	7:30 - 9 am 6 - 8 pm	7:30 - 9 am Grass
JV Boys Soccer				7:30 - 9 am 6 - 8 pm	7:30 - 9 am 6 - 8 pm	7:30 - 9 am Grass
Mod Boys Soccer						
V Girls Soccer				7 - 8 am (T) 8 - 9 am (G) 4 - 6 pm (T)	7 - 8 am (T) 8 - 9 am (G) 4 - 6 pm (T)	7 - 9 am Grass
JV Girls Soccer				7 - 8 am (T) 8 - 9 am (G) 4 - 6 pm (T)	7 - 8 am (T) 8 - 9 am (G) 4 - 6 pm (T)	7 - 9 am Grass
Mod Girls Soccer						
V/JV Field Hockey				8 - 10 am (G) 10 - 12 pm (T)	8 - 10 am (G) 10 - 12 pm (T)	7 - 8 am (T) 8 - 9 am (G)
Mod Field Hockey						
V Cross Country				6 - 8 pm Stadium	6 - 8 pm Stadium	9 - 11 am Stadium
Mod Cross Country						
Golf				9:45 - 1 pm Walden	9:45 - 1 pm Walden	No Practice
V Tennis				9 - 11 am Courts	9 - 11 am Courts	No Practice
Cheerleading				8 - 10 am Stadium	8 - 10 am Stadium	No Practice

"T" = Turf "G" = Grass